

AUTHOR GUIDELINES

Article types

The following types of manuscripts are routinely accepted (please note that word count is from abstract to references but excluding references):

Original research articles: A thorough discussion on the format of these articles is provided below, along with a requirement for an abstract. The articles should have a maximum length of 4000 words and include no more than 40 references. It is important to note that the word count does not include tables, figures, and legends.

Review articles: The inclusion of an abstract and keywords is mandatory. The text should be organized into sections using appropriate headings. Tables and figures can be used as necessary to complement the text. The maximum length of the text should not exceed 5000 words.

Case reports: The journal welcomes interesting case reports.

Letters: In a letter, the use of headings should be avoided, and there is no need for an abstract or keywords. The text should be limited to a maximum of 800 words, with no more than 10 references. Additionally, one table or figure can be included if necessary.

Commentaries: Commentaries are intended to put into context the material presented in a particular paper.

Correspondence: Correspondence is limited to specific comments or criticisms relating to a recent IJWPH paper, whose authors will be invited to reply.

It is strongly advised that Authors provide a list of 3 or 4 potential reviewers (e-mail and phone numbers) who are knowledgeable in the subject matter, have no conflict of interest, and are likely to agree to review the manuscript.

Authorship

All authors should have made substantial contributions to all of the following: (1) the conception and design of the study, or acquisition of data, or analysis and interpretation of data, (2) drafting the article or revising it critically for important intellectual content, (3) final approval of the version to be submitted.

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1. **One author designated as corresponding author:** Their E-mail address, Full postal address, Telephone numbers
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6. All tables (including title, description, footnotes)
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8. Manuscript has been spell checked
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11. All references mentioned in the Reference list are cited in the text and vice versa
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Manuscript preparation

Ensure that all pages are typed with single spacing and have wide margins on one side of the paper. The title page, abstract, tables, legends to figures, and reference list should each be presented on separate pages within the manuscript.

Please utilize a regular, simple font such as 12-point Times New Roman for the text. Maintain a single-column format. Number the pages and keep the text layout as straightforward as possible. Avoid using options to justify text or hyphenate words, but do utilize boldface, italics, subscripts, superscripts, and other formatting options. Avoid embedding graphically designed equations or tables; instead, create them using the features in Microsoft Word or prepare them separately in Excel. When creating tables, use a single grid for each table rather than a grid for each row. Avoid preparing tables in PowerPoint. Rather than importing figures into the text file, indicate their approximate locations directly within the manuscript.

To avoid unnecessary errors you are strongly advised to use the spellchecker.

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Please do not split the article into separate files (title page as one file, text as another, etc.). Do not allow your computer to introduce word splits and do not use a 'justified' layout. Please adhere strictly to the general instructions on style/arrangement and, in particular, the reference style of the journal. It is very important that you save your file in the standard format for the program you are using (Microsoft Word docx format or doc format). Please write your text in good English (American or

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Provide the following information in your submission (in the order given):

Original research papers

1. Manuscripts must be accompanied by a covering letter, introducing the manuscript and confirming that it is not being submitted concurrently elsewhere.
2. The Abstract should be no more than 300 words
3. The limit for the main body of the manuscript is 4000 words excluding references
4. There should not normally be more than 40 references
5. You must use Times New Roman, Font size 12, Single spaced throughout your manuscript

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1. Title page
 2. Abstract
 3. Introduction
 4. Methods
 5. Results
 6. Discussion
 7. Acknowledgements
 8. Declarations
 9. References
 10. Tables
 11. Figures and Legends
1. Title page

The title page should be paginated as page 1 of the manuscript. Title of article: Concise and

informative. Titles are often used in information-retrieval systems. Avoid abbreviations and formulae where possible.

Author names and affiliations: The title page should include the names and addresses of authors. Generally for uniformity author names should be written as first name, middle name initial followed by family name, e.g. Jones Z. Mill. Present the authors' affiliation addresses (where the actual work was done) below the names. Indicate all affiliations with a lower-case superscript letter immediately after the author's name and in front of the appropriate address. Provide the full postal address of each affiliation, including the country name.

Corresponding author: Clearly indicate who is willing to handle correspondence at all stages of refereeing and publication, also post-publication. Ensure that telephone numbers (with country and area code) are provided in addition to the e-mail address and the complete postal address.

Present/permanent address: If an author has moved since the work described in the article was done, or was visiting at the time, a 'Present address' (or 'Permanent address') may be indicated as a footnote to that author's name. The address at which the author actually did the work must be retained as the main, affiliation address. Superscript Arabic numerals are used for such footnotes.

2. Abstract

The abstract will be printed at the beginning of the paper. A concise and factual abstract is required (maximum length 300 words). The abstract should state briefly the purpose of the research, the principal results and major conclusions. Do not cite references in the abstract. Non-standard or uncommon abbreviations should be avoided in the abstract, but if essential they must be defined at their first mention in the abstract itself. The abstract must be organized under the following subject headings: Background: This must indicate why the study was performed, and what question it was intended to answer. Methods: This should state in outline what methods were used. Results: The main results relevant to the question addressed should be summarised. Conclusions: This should summarize the main inferences that follow from the results. Keywords. Immediately after the abstract, provide a maximum of 6 keywords. Be sparing with abbreviations: only abbreviations firmly established in the field may be eligible. Define abbreviations that are not standard in this field at their first occurrence in the article: in the abstract but also in the main text after it.

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4. Methods

The methods must be described in sufficient detail to allow the experiments to be interpreted and repeated by an experienced investigator. Where published methods are used, references should be given, together with a brief outline. The statistical tool used to analyze the data should be mentioned. The description of drugs, chemicals and other materials should include the names and

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Reports of randomized, controlled trials should follow the recommendations of the Consolidated Standards of Reporting Trials (CONSORT) statement.

Reporting guidelines for specific study designs:

Initiative	Type of Study	Source
CONSORT	Randomized controlled trials	http://www.consort-statement.org
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QUOROM	Systematic reviews and meta-analyses	http://www.consort-statement.org/Initiatives/MOOSE/moose.pdf
STROBE	Observational studies in epidemiology	http://www.strobe-statement.org
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Present your results in a logical sequence in the text, tables, and figures, giving the main or most important findings first. Do not repeat in the text all the data in the tables or figures; emphasize or summarize only important observations.

6. Discussion and Conclusions

The purpose of the discussion is to present a brief and pertinent interpretation of the results against the background of existing knowledge. Any assumptions on which conclusions are based must be stated clearly. The main conclusions should be conveyed in a final paragraph with a clear statement of how the study advances knowledge and understanding in the field.

7. Acknowledgements

Collate acknowledgements in a separate section at the end of the article and do not, therefore, include them on the title page, as a footnote to the title or otherwise. When the work included in a paper has been supported by a grant from any source, this must be indicated. A connection of any author with companies producing any substances or apparatus used in the work should be declared. All contributors who do not meet the criteria for authorship as defined above should be listed in an acknowledgements section. Examples of those who might be acknowledged include a person who provided purely technical help, writing assistance, or a department chair who provided only general support. Authors should disclose whether they had any writing assistance and identify the entity that paid for this assistance.

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All manuscripts must contain the following sections under the heading 'Declarations':

- Ethics approval and consent to participate
- Availability of data and materials
- Competing interests
- Funding
- Authors' contributions
- Acknowledgements
- Authors' information (optional)

Ethics approval and consent to participate

Manuscripts reporting studies involving human participants, human data or human tissue must:

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All manuscripts must include an 'Availability of data and materials' statement. Data availability statements should include information on where data supporting the results reported in the article can be found including, where applicable, hyperlinks to publicly archived datasets analysed or generated during the study. By data we mean the minimal dataset that would be necessary to interpret, replicate and build upon the findings reported in the article. We recognize it is not always possible to share research data publicly, for instance when individual privacy could be compromised, and in such instances data availability should still be stated in the manuscript along with any conditions for access.

Data availability statements can take one of the following forms (or a combination of more than one if required for multiple datasets):

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- The data that support the findings of this study are available from [third party name] but restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are however available from the authors upon reasonable request and with permission of [third party name].
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Funding

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Funding: None

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9. References

References should be numbered consecutively as they appear in the text. Reference citations in the text should be identified by numbers in superscript after the punctuation marks. All authors should be quoted for papers with up to six authors; for papers with more than six authors, the first six should be quoted followed by et al.

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Garber A, Klein E, Bruce S, Sankoh S, Mohideen P. Metformin-glibenclamide versus metformin plus rosiglitazone in patients with type 2 diabetes inadequately controlled on metformin monotherapy. *Diabetes Obes Metab* 2006;8:156-63

Book chapter:

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Gilman's The Pharmacological Basis of Therapeutics. 11th ed. New York, NY: McGraw-Hill; 2005: 607-629.

Website:

National Cancer Institute. Fact sheet: targeted cancer therapies, 2012. Available at <http://www.cancer.gov/cancertopics/factsheet/Therapy/targeted#q1>. Accessed 9 June 2012.

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